

# TALKING



# FAMILIES



**Because parents don't get training for the toughest job on earth!**



**Wednesdays 8.00-9.30pm** 5th Jan-9th Feb Course ID SL475

**Tuesdays 9.45-11.15am** 22nd Feb-29th Mar Course ID SL476

**Tuesdays 8.00-9.30pm** 22nd Feb-29th Mar Course ID SL477

**Our FREE 6 week online courses for parents and carers of children aged 0-12 will help you to:**

- **Manage challenging behaviour with consistency**
- **Encourage positive behaviour**
- **Build your child's self esteem**
- **Set and maintain boundaries**
- **Respond to tantrums and difficult feelings in children**

'It was a brilliant course and has made a huge difference'

'It has taught me new skills to deal with family life'



**ONLINE PARENTING COURSES DELIVERED TO YOUR HOME VIA ZOOM**

**Full details on how to access and use Zoom will be offered.**

**OPEN TO PARENTS AND CARERS ACROSS HERTFORDSHIRE**

**Pre-booking essential  
Please quote the course ID**

**To check eligibility and book a place, contact Supporting Links on:**

**07512 709556**

**[bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)**

**[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)**



This courses are provided free to parents by Hertfordshire County Council